

Listă lucrări

a) Lista celor maximum 10 lucrări considerate de candidat a fi cele mai relevante pentru realizările profesionale proprii, care sunt incluse în format electronic în dosar și care se pot regăsi și în celelalte categorii de lucrări prevăzute de prezentul articol.

1. **Cîtea M.A., Vrabie D.**, (2025), *Effects of global physical exercises on postural balance of the shoulder girdle*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Volume 25, Issue 1, Proceedings of the 10th International Conference of the Universitaria Consortium in Physical Education, Sports and Physiotherapy – ICU 2024: *The Football of the Future – Between Science, Society and Sports*, 139-144, <https://doi.org/10.36836/22-24/11/2024>.
2. **Cîtea M.A., Lucaci P., Neculăeș M.**, (2024), *Effects of manual therapy in weight distribution at plantar level in female adolescents*, Proceedings of the 9th International Conference of Universitaria Consortium – FEFSTIM: *Physical Education, Sports and Kinesiotherapy – Active People for a Healthy Future*, 90-95, <https://doi.org/10.26352/HX19-FEFSTIM2023>.
3. **Cîtea M.A., Cordun M.**, (2022), *Posture correction for high school students using manual techniques*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Volume 22, Issue 2, <https://doi.org/10.36836/2022/2/01>.
4. **Cîtea M.A., Cordun M.**, (2022), *Changes of plantar arch after global physical exercises in high school students*, **Discobolul – Physical Education, Sport and Kinetotherapy Journal**, Volume 61, Issue 2, 233-247, <https://doi.org/10.35189/dpeskj.2022.61.2.7>.
5. **Cîtea M.A., Cordun M.**, (2021), *Relationship between posture deviations in the sagittal plane and plantar weight distribution in adolescents*, 7th International Conference of the Universitaria Consortium in Physical Education, Sports and Physiotherapy, Iași, <http://www.edlearning.it/proceedings/moreinfo/20211112.htm>.
6. **Iacob G.S., Cîtea M.A.**, (2020), *The Effectiveness of Short Term Soft-Tissue Treatment Procedure Using Indiba Fascia in the Rehabilitation of Acute Lateral Epicondylitis*, Proceedings of the 6th International Conference of Universitaria Consortium – FEFSTIM: *Physical Education, Sports and Kinesiotherapy – Implications in Quality of Life*, 259-265, <https://doi.org/10.26352/EY06-FEFSTIM2020>. WOS:000682773700039.
7. **Iacob G.S., Cîtea M.A.**, (2019), *The Role of Proprioceptive Training as a Method of Functional Rehabilitation of Ankle Sprains in Futsal Players*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Volume 19, Issue 2, 20-26, <https://doi.org/10.36836/UAIC/FEFS/10.52>.
8. **Cîtea M.A., Iacob G.S.**, (2019), *Correction of Posture Deviations in the Sagittal Plane Using the Pilates Method*, **Sport and Society – Interdisciplinary Journal of Physical**

Education and Sports, Volume 19, Issue 2, 3-13, <https://doi.org/10.36836/UAIC/FEFS/10.50>.

9. **Cîtea M.A., Neculăeș M., Lucaci P.**, (2019), *Use Of Tai Chi Elements To Increase Respiratory Amplitude*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Volume 19, Issue 1, 11-20, <https://doi.org/10.36836/UAIC/FEFS/10.20>.
10. **Cîtea M.A., Drosescu P.**, (2018), *Use of Tai Chi Forms to Increase ROM in Athletes*, The 4th International Conference of the Universitaria Consortium – *The Impact of Sport and Physical Education Science on Today's Society*, Iași, ISBN 978-88-87729-54-2, 49-54, <http://www.edlearning.it/proceedings/moreinfo/20181123.htm>.
WOS:000474444100007

b) Teza de doctorat

POSSIBILITĂȚI PRIVIND DEPISTAREA DEPOSTURĂRIILOR SEGMENTARE ASIMPTOMATICE ȘI CORECTAREA ACESTORA PRIN TEHNICI MANUALE,
Coordonator Prof. Univ. Dr. Cordon Mariana, Universitatea Națională de Educație Fizică și Sport, București, 2023.

c) Brevete de invenție și alte titluri de proprietate industrială

d) Cărți și capitole în cărți

1. **Cîtea Mihai-Alexandru**, Neculăeș Marius, *Metode de evaluare privind depistarea deposturărilor segmentare asimptomatice*. Cluj-Napoca: Editura Risoprint. (2025) ISBN 978-973-53-3402-4.
2. **Cîtea Mihai-Alexandru**, Neculăeș Marius, Lucaci Paul, *Terapia manuală și exercițiul fizic în restabilirea echilibrului postural: studiu aplicat*. Cluj-Napoca: Editura Risoprint. (2025) ISBN 978-973-53-3546-5.

e) Articole/studii în extenso, publicate în reviste din fluxul științific internațional

1. **Cîtea M.A., Vrabie D.**, (2025), *Effects of global physical exercises on postural balance of the shoulder girdle*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Proceedings of the 10th International Conference of the Universitaria Consortium in Physical Education, Sports and Physiotherapy – ICU 2024: *The Football of the Future – Between Science, Society and Sports*, 139-144, <https://doi.org/10.36836/22-24/11/2024>.
2. **Cîtea M.A., Cordon M.**, (2022), *Posture correction for high school students using manual techniques*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Volume 22, Issue 2, <https://doi.org/10.36836/2022/2/01>.

3. **Cîtea M.A., Cordun M.**, (2022), *Changes of plantar arch after global physical exercises in high school students*, **Discobolul – Physical Education, Sport and Kinetotherapy Journal**, Volume 61, Issue 2, 233-247, <https://doi.org/10.35189/dpeskj.2022.61.2.7>.
4. **Iacob G.S., Cîtea M.A.**, (2020), *The Effectiveness of Short Term Soft-Tissue Treatment Procedure Using Indiba Fascia in the Rehabilitation of Acute Lateral Epicondylitis*, *Proceedings of the 6th International Conference of Universitaria Consortium – FEFSTIM: Physical Education, Sports and Kinesiotherapy – Implications in Quality of Life*, Timișoara, 259-265, <https://doi.org/10.26352/EY06-FEFSTIM2020>. WOS:000682773700039.
5. **Iacob G.S., Cîtea M.A.**, (2019), *The Role of Proprioceptive Training as a Method of Functional Rehabilitation of Ankle Sprains in Futsal Players*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Volume 19, Issue 2, 20-26, <https://doi.org/10.36836/UAIC/FEFS/10.52>.
6. **Cîtea M.A., Iacob G.S.**, (2019), *Correction of Posture Deviations in the Sagittal Plane Using the Pilates Method*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Volume 19, Issue 2, 3-13, <https://doi.org/10.36836/UAIC/FEFS/10.50>.
7. **Cîtea M.A., Neculăeș M., Lucaci P.**, (2019), *Use Of Tai Chi Elements To Increase Respiratory Amplitude*, **Sport and Society – Interdisciplinary Journal of Physical Education and Sports**, Volume 19, Issue 1, 11-20, <https://doi.org/10.36836/UAIC/FEFS/10.20>.
8. **Cîtea M.A., Drosescu P.**, (2018), *Use of Tai Chi Forms to Increase ROM in Athletes*, *Proceedings of ICU 2018 – The 4th International Conference of the Universitaria Consortium: The Impact of Sport and Physical Education Science on Today's Society*, Iași, ISBN 978-88-87729-54-2, 49-54, <http://www.edlearning.it/proceedings/moreinfo/20181123.htm>. WOS:000474444100007

f) Publicații în extensor, apărute în lucrări ale conferințelor internaționale de specialitate

1. **Cîtea M.A., Lucaci P., Neculăeș M.**, (2024), *Effects of manual therapy in weight distribution at plantar level in female adolescents*, *Proceedings of the 9th International Conference of Universitaria Consortium – FEFSTIM: Physical Education, Sports and Kinesiotherapy – Active People for a Healthy Future*, 90-95, <https://doi.org/10.26352/HX19-FEFSTIM2023>.
2. **Lucaci P., Cîtea M.A., Neculăeș M.**, (2024), *Functional recovery after distal femur epiphyses fracture*, *Proceedings of the 9th International Conference of Universitaria Consortium – FEFSTIM: Physical Education, Sports and Kinesiotherapy – Active People for a Healthy Future*, 161-166, <https://doi.org/10.26352/HX19-FEFSTIM2023>.
3. **Neculăeș M., Lucaci P., Cîtea M.A.**, (2024), *Physiotherapy in the recovery after fractures of the upper limb phalanges*, *Proceedings of the 9th International Conference of Universitaria Consortium – FEFSTIM: Physical Education, Sports and Kinesiotherapy –*

Active People for a Healthy Future, 192-197, <https://doi.org/10.26352/HX19-FEFSTIM2023>.

4. **Cîtea M.A., Cordun M.**, (2021), *Relationship between posture deviations in the sagittal plane and plantar weight distribution in adolescents*, 7th International Conference of the Universitaria Consortium in Physical Education, Sports and Physiotherapy, Iași, <http://www.edlearning.it/proceedings/moreinfo/20211112.htm>.
5. **Lucaci P., Neculăeș M., Cîtea M.A.**, (2019), *Contribution of Physical Therapy to the Rehabilitation of Patients with Acute Stroke*, Proceedings of ICU 2019 – The 5th International Conference of the Universitaria Consortium: *Education for Health and Performance*, Cluj-Napoca, 157-162, <http://www.edlearning.it/proceedings/moreinfo/20191011.htm>.

g) Alte lucrări și contribuții științifice sau, după caz, din domeniul creației artistice.